



Rosslyn Heights East Unit Owners Assn.

Arlington, Va.

www.rosslynheightseast.com

Property Manager: Gates Hudson Community Management
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American Disposal Services provides trash pick-up and recycling services for RHE. Based on its website, please follow the guidance below on what should go in the recycling bin versus the larger trash dumpster. If you have a question about an item not listed, use the company's [website search window](#) under **Is This Recyclable...?**

✓ PLACE IN RHE RECYCLING BIN:

Rigid Containers

[Note: Please gently rinse all recyclable containers that have previously contained food or organic material. Make sure water bottles and soda cans are empty to allow recycling machinery to process the item.]

- Jugs
- Cartons
- Tubs
- Trays
- Buckets
- Bins
- Bottles

Cans

- Aluminum cans
- Steel cans
- Aerosol cans

Cardboard

- Shipping / Moving boxes (FLATTENED)
- Paperboard (e.g., cereal boxes)
- Frozen food boxes

Paper

- Office
- Magazines
- Newspaper
- Books
- Mail
- Shredded paper (bagged & tied)

⊘ DO NOT PLACE IN RHE RECYCLING BIN:

- **Plastic Bags & Flexible Packaging:** Plastic bags routinely jam the rotating parts at the facility that processes your recyclables. Avoid placing anything in the recycling bin that has the potential to wrap itself around moving parts. Alternative: Recycle plastic bags at grocery store drop off boxes.
- **Diapers:** Used or unused are not recyclable. Placing them in the recycling bin poses a major health risk to the workers who process your recyclables.

- **Food/Organic Waste:** These items have the potential to contaminate the large volume of dry material that is collected as part of the recycling program.
- **Phones & Electronic Waste:** Take old cellphones and other outdated/broken electronics to a certified e-waste disposal site. Electronics containing lithium ion batteries are especially harmful because they have the potential to combust and cause fires within collection trucks or at processing centers.
- **Clothing:** Cannot be recycled; it has the potential to wrap itself around the rotating parts at the recycling processing center. Alternative: Donate clothing to a textile recycler or reuse network such as Salvation Army or Goodwill.

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